

#83 Newsline

North Okanagan-Shuswap School District #83

May 23, 2018



Local artisan Debbie Porteous (seen above on left) has been working with students in Crisfine Lawrence's (top right) grade3/4 class on making mosaic coasters (they made wonderful Mother's Day gifts) and then they tackled a mosaic logo for their school. Each student will do a star on the logo and then will work as a group to finish the rest. Porteous, who teaches mosaics at her home decided to volunteer at the school to give back to her community.



Math Olympics

Organizers were hoping for at least 30 teams (of three students in grades 6-8) to take part in the district's initial Math Olympics on May 15 at Shuswap Middle School, but actually had to halt registration when they received 60 registrations!

Students took part in five stations (individual written test, Skyscrapers challenge (top photo) problem solving, design challenge and group problem solving).

(Photo on left) During lunch, the "countries" (teams from various schools were randomly divided into countries for the day) used their math skills to get a bungee-jumping barbie doll as close to the floor as possible (without actually touching it) using only a plethora of rubber bands!

(Below) At the end of day, with all scores tallied, gold (Austria), silver (Japan) and bronze (Czech Republic) medals were awarded to the students representing the winning "countries".

A group of Heather Lawless' math students from Salmon Arm Secondary helped out as mentors and guides during the successful day, which was organized by the SD83 District Math Committee.





Growing "green thumbs" at Grindrod

Thumbs are turning green at Grindrod Elementary School!

The school has teamed up with Gabriele and Wolf Wesle of Greencroft Gardens in Grindrod who are providing seeds, their time and expertise to teach students about gardening. They have already helped with seed selection and planting, explains school principal Jeff Abbott.

Along with the gardens, fruit trees and berry bushes planted outside the school, each classroom has a mini greenhouse.

Recently students travelled to Greencroft to see the production in their greenhouses and gardens and learned about transplanting.

"Gabriele will be coming to the

school to help the students transplant from their classroom greenhouses to the outside beds."

"We will travel to the farm on several occasions from now until the fall to involve students in work at the farm, to learn about cultivating, planting and maintaining the gardens, as well as harvesting the food and collecting seeds."

"Our goal is to use our homegrown fruit and produce to create a celebration meal at Grindrod in the fall," he said.

"We also plan to become seed savers and collect and reuse our own seeds from this year's crop, and from Greencroft, so we have our own bank of seeds."

Abbott added they were excited to hear they will be receiving a \$1,000 grant from the proceeds of the Everything Shuswap book. "Many thanks to Jim Cooperman for his generous support of outdoor education in schools."

Abbott noted they will use the money to do field trips with Knowledge Keepers to learn about indigenous plants and their traditional uses.

The plan is to grow and harvest some of the indigenous plants in a circular garden at the school.

"Our long term goal is for students to have the skills to successfully grow and harvest their own home gardens."



The Gut Project

There was song, dance and art creations but this wasn't a typical fine arts performance - this was an adventure through the human digestive system following the journey of an egg salad sandwich and a pop!

With the help of community health nurse Maryanne Domarchuk, Grindrod elementary students learned all about the human digestive tract and about how what goes into their bodies, each day, helps keep them healthy and growing.

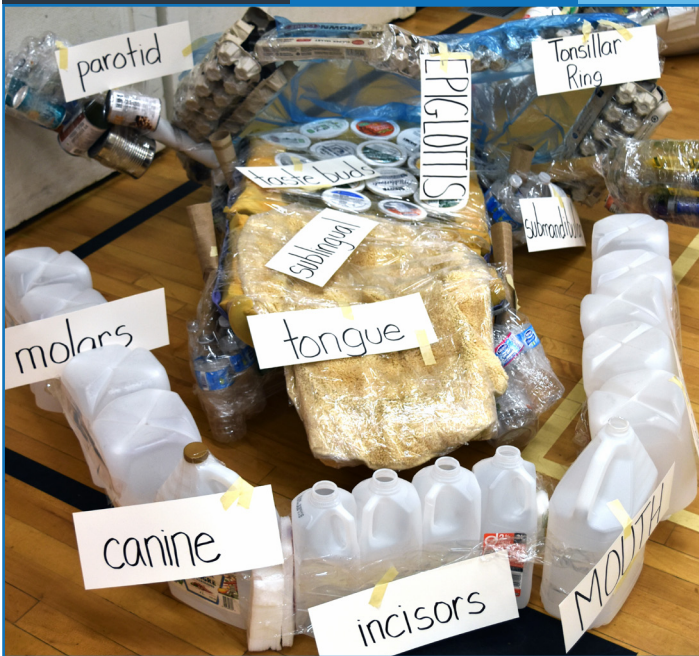
With the help of Runaway Moon Theatre Company, the students' knowledge was turned into a multi-dimensional interactive show.

This included making tee-shirts for each student representing the digestive system, which they wore during the show.

After more than two months of work, the school put on two public performances. As the audience entered the gym they received a scarf (which were different colours and represented the nutrients taken from the food). The students claimed these scarves as the audience "worked" its way through the digestive tract.

After the grand opening, emceed by student Torin Raglan, the audience travelled





to stations in the hallways and classrooms through the school where they were treated to performances by the mouth (grade 2-3), esophagus (kindergarten/grade 1), stomach (grade 4/5), liver and pancreas (some grade 5/6/7s), small intestine (grade 5/6/7s), and the large intestine (grade 1/2) before being bid farewell and “out the other end” by two staff members, who handed out a piece of toilet paper and a smile!

Principal Jeff Abbott commented the extensive learning project wouldn't have been possible without a \$9,700 ArtStart grant, as well as funding from Interior Health and the school PAC.

He expressed his thanks to the staff at Grindrod for all of their work and to all who helped out, including Cathy Stubington (artistic director and project co-ordinator), Cathy Hay (dance choreographer), Murray MacDonald (song writer and musical director), Zev Tiefenbach (videographer), Keith Richards (photos) and Teresa Christian, Debbie Humphries and Lorna Tureski (tee shirts).



Bikes for kids

For many children spring and biking go hand in hand in the North Okanagan-Shuswap! For children with mobility issues finding the right bike can be a challenge.

Some students from School District No. 83 (North Okanagan-Shuswap) were recently able to test adapted bikes.

SD83 Physiotherapist Eline den Boer reports the students had a great time trying different models from Trivel Bikes (a Canadian bike manufacturer out of Quebec) and all were matched with a bike that meets their unique needs and wants.

She will now begin the process of getting a bike for a student by approaching charities for grants, such as Cops for Kids (where student Megan Senn recently received her bike from), Variety Children's Charity or President's Choice Children's Charity. She adds that sometimes it is combination of funds (e.g. parent's contribution and/or multiple charities) which make it possible.

Once funds are raised the end result is happy kids enjoying a ride on their bicycles.



Graduation ceremonies taking place throughout the school district

It's a special time of year for those graduating from high school in School District No. 83 (North Okanagan-Shuswap). Planned celebrations include:

Indigenous Education Grad
Wednesday, May 30 at 6:30 p.m.
Splatsin Community Centre

Eagle River Secondary School
Friday, June 1 at 7 p.m. at ERS

A.L. Fortune Secondary School
Friday, June 8 at 7 p.m. at ALF

Salmon Arm Storefront School
Friday, June 15 at 1 p.m.
Field of Dreams

Pleasant Valley Secondary School
Wednesday, June 20 at 7 p.m.
at NorVal Arena in Armstrong

Salmon Arm Secondary School
Thursday, June 28 at 7 p.m.
at Shaw Centre in Salmon Arm

Congratulations Grads of 2018!

Upcoming

BIKE TO SCHOOL WEEK
May 28 – June 3, 2018

For Fitness
For Fun!
Give it a try!

Bike with Friends & Family

Bike to Work REGISTER FREE AT biketowork.ca
& enter to win a Trip to Portugal!



District track and field

The District Track Meet will be at Little Mountain Park in Salmon Arm on Tuesday, June 5.

For parents

HOW TO TALK AND DEAL WITH SUBSTANCE USE and your YOUTH

Wednesday, May 30th
6:30PM - 8:00PM
SD83 District Education Centre
341 Shuswap Street SW
Salmon Arm, BC

Topics to be discussed...

- What are the substance use issues in our SD83 communities
- What are the drugs our teens are using
- Fentanyl!
- What will happen when pot is legalized
- What parents can do
- Community services/supports

Presenters...

TERRY DUBESSE, B4 Mental Health & Substance Use Youth Clinician
CHRIS JOHNSON, SD83 Healthy Living Coach
SALMON ARM RCMP

School District #83 Interior Health DPAC

RUMPELSTILTSKIN



Students at South Broadview Elementary enjoyed putting together and performing Rumpelstiltskin on May 1 and 2. Lois Towgood and Carl Cooper directed the play.

LEN WOOD CONNECT GROUP



The Connect group at Len Wood Middle School has been busy volunteering in a variety of settings with the goal for connection, mental wellness, purpose and providing a social connection to the school. These pictures show one project that the students enjoyed. The Len Wood students designed and made a busy board for a local daycare and presented it.



Mobile museum visits Shuswap

Years of Indigenous, gold rush and fur trade history and artifacts were recently shared with students from Shuswap Middle School, and the best part is that it is all from the Pacific Northwest region.

Tony Hardie, who is a descendant of the Secwepemc people but is based out of North Delta, describes himself as a die-hard collector that is lucky to be able to share his passion and his large collection of historical items, with students.

"I've been collecting since I was 10." He now has 20,000 to 30,000 artifacts in his "mobile" museum, including a 9,000 year old shoe.

During his presentation Hardie discusses the traditional territories of B.C., basketweaving, carving, weaponries and tools for hunting and fishing, the fur trade and the gold rush and its impact on First Nations people.

"I talk about the evolution of the stone tool, currency, prehistoric animals, stone beads, and the importance of the cedar tree, which is also known as the tree of life, and how to harvest the bark so you don't hurt the tree."

Hardie commented the students at SMS were very attentive and asked good questions.

